

# Three Approaches to Counseling by Christians

## Joshua 1:7-8

"Only be strong and very courageous, that you may observe to do according to all the law which Moses My servant commanded you; do not turn from it to the right hand or to the left, that you may prosper wherever you go. "This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success. (NKJV)

	<b>Christian Counseling</b>	<b>Biblical Counseling</b>	<b>Freedom in Christ Counseling</b>
The question of sin	<b>De-emphasize sin</b>	<b>Teach nature of sin</b>	<b>Demonize sin</b>
View of man	<b>Victim</b>	<b>Sinner who becomes a saint at salvation</b>	<b>Under control of demonic influence</b>
Dealing with past sin	<b>Blame others</b>	<b>Repent and confess</b>	<b>Renounce</b>
Dealing with daily sins	<b>Ignore or cover Proverbs 28:13</b>	<b>Confess and forsake Proverbs 28:13</b>	<b>Seven steps</b>
Dealing with future	<b>Probe deeper into the past</b>	<b>Grow to spiritual maturity</b>	<b>Repeat seven steps</b>
Focus of teaching	<b>Inner child, heart</b>	<b>Walk in the Spirit</b>	<b>Announce and Affirm</b>
Memories	<b>Repressed memories</b>	<b>Dwell on pure, lovely, etc.</b>	<b>Forgive, release, bless</b>
Responsibility	<b>We are not responsible</b>	<b>We are responsible James 1:13-15</b>	<b>Demons are responsible</b>
Offenders	<b>Confront our offender</b>	<b>Forgive and love</b>	<b>Forgive</b>
Emphasize	<b>Counseling theories</b>	<b>Truth and Obedience</b>	<b>Truth</b>
Final results	<b>Bondage to sin Galatians 4:9, II Peter 2:19</b>	<b>Freedom and liberty Galatians 5:13</b>	<b>New yoke of bondage Galatians 5:1</b>